2026 DMV WSO Championships

Session	Date	Gndr	Group	Cat	Lot	Age	Name	Total	Team	Comps
1	Sat Sep 19 Weigh In 6:00 AM Start 8:00 AM	F	U13	61	104	13	MILLER, Charlie	60		U13, Open
			W35	61	29	37	PARSONS, Amelia	100	DC WEIGHTLIFTING CLUB	W35, Open
					48	39	ALMEIDA, Sandy	52	DC WEIGHTLIFTING CLUB	W35, Open
			W45	53	20	49	SUBITY, Carrie	75	The 360 Strength Collective	W45, Open
				57	62	46	LUTTRELL, Marjolene	118	TOUGH TEMPLE BARBELL CLUB	W45, Open
				61	109	46	BLIGH, Laura	168	EAST COAST GOLD W/L TEAM	W45, Open
					88	46	SHERROD, Kamber	100	DC WEIGHTLIFTING CLUB	W45, Open
					87	48	STEPHENS, Sally	90	TOUGH TEMPLE BARBELL CLUB	W45, Open
			Open	49	103	30	HOFF, Casey	72	RVA Weightlifting	Open
					44	33	JEAN, Sheri	69	TCR Barbell	Open
				57	40	34	HAYDEN, Maria	175	Samsara Weightlifting Club	Open
					22	30	RAWE, Jennifer	100	MONUMENT WEIGHTLIFTING	Open
					15	29	EDWARDS, Christyn	87	RVA Weightlifting	Open
				61	97	32	DEROSE, Carlyne	163		Open
2	Sat Sep 19 Weigh In 8:30 AM Start 10:30 AM	M	U11	70	78	11	MILLER, Caden	45		Open, U11
			U15	55	57	15	SUBITY, Grey	85	The 360 Strength Collective	JR, Open, U15
			M35	60	54	37	MORALES ORTIZ, Miguel	150		M35, Open
				70	60	36	SOS, Shoubry	130	Khmer Strength Movement	M35, Open
				75	113	36	BOMMAGANTI, Bharath	145	MONUMENT WEIGHTLIFTING	M35, Open
			M40	75	41	44	JORGE, Kevin	200	Lorton Barbell Club	M40, Open
			M50	70	23	50	CASANOVA, Gregory	160	BAM Weightlifting Club	M50, Open
			M70	70	98	74	FOSTER, Tyrone	63	BAM Weightlifting Club	M70, Open
			M80	70	77	80	MUKHERJI, Prithviraj	50	TOUGH TEMPLE BARBELL CLUB	M80, Open
			Open	65	28	34	CAMENARES, Christopher	235	PHILADELPHIA BARBELL	Open
				75	31	27	RANNO, Noah	270	1Kilo	Open
					34	26	TIEU, Benjamin	260	The Overheaders	Open
					102	21	NAIR, Keshav	220	George Mason Olympic Weightlifting Team	Open
					24	27	JENKINS, Bradley	220	RVA Weightlifting	Open
3	Sat Sep 19 Weigh In 11:00 AM Start 1:00 PM	F	W35	69	17	38	GODFREY, Laura	145	CHFP WEIGHTLIFTING CLUB	W35, Open
					65	35	WALL, Brittlan	145	CHFP WEIGHTLIFTING CLUB	W35, Open
					36	39	MCMURRAY, Kali	140	RVA Weightlifting	W35, Open
					101	38	PRATT, Derien	130		W35, Open
					68	37	EVANS, Sherrika	122	NewFound Weightlifting	W35, Open
					10	36	ESKRIDGE, Chelsea	80	CHFP WEIGHTLIFTING CLUB	W35, Open
			W40	69	85	40	BURNELL, Ashley	115	CHFP WEIGHTLIFTING CLUB	W40, Open
					115	40	WICKES, Jessica	100		W40, Open
			W45	69	32	45	ZREBIEC, Heather	145		W45, Open
					94	46	VAUGHAN, Gloria	90	Lorton Barbell Club	W45, Open
			Open	69	86	33	KHAYKIN, Emily	158	CHFP WEIGHTLIFTING CLUB	Open
					61	33	FRYE, Kristin	142	RVA Weightlifting	Open
					71	24	WEAVER, Katherine	115	TOUGH TEMPLE BARBELL CLUB	Open
4	Sat Sep 19 Weigh In 1:15 PM Start 3:15 PM	M	JR	85	111	20	HAMMOND, Ryan	165	George Mason Olympic Weightlifting Team	JR, Open
			M35	85	89	37	TOLENTINO, Eric	228	TOUGH TEMPLE BARBELL CLUB	M35, Open
			M40	85	58	42	SCHREIBER, Erik	250		M40, Open
			M50	85	81	50	COREA, Nicholas	188	TOUGH TEMPLE BARBELL CLUB	M50, Open
			M55	85	6	59	GOLDBERG, David	130	TOUGH TEMPLE BARBELL CLUB	M55, Open
			Open	85	92	30	FRIES, Troy	300	Samsara Weightlifting Club	Open
					16	28	VERCELLONE, Eric	290	Lorton Barbell Club	Open
					42	33	KAMIT, Muhammad	245		Open
					19	33	PHAM, Christian	210	CHFP WEIGHTLIFTING CLUB	Open
					49	34	BULUSU, Ananth	203	Just Commit Performance	Open
					30	23	BELTRAN-GONZALEZ, Bryan	180	The Overheaders	Open
5	Sat Sep 19 Weigh In 3:15 PM Start 5:15 PM	F	W35	77	96	35	GOLDSTEIN, Rina	120		W35, Open
					64	37	DOBBINS, Andrea	110	Just Commit Performance	W35, Open
			W40	77	107	40	THRESHER, Alisha	150	MONUMENT WEIGHTLIFTING	W40, Open
					35	41	MCCALL, Laura	130	Independent City Barbell	W40, Open
					53	44	LEE, Courtney	120	MONUMENT WEIGHTLIFTING	W40, Open
					52	41	GEMPELER, Johanna	90	DC WEIGHTLIFTING CLUB	W40, Open
					67	41	TUNGUL, Samantha	57	CHFP WEIGHTLIFTING CLUB	W40, Open
			W50	77	76	51	ROBINSON, Jessica	70	DC WEIGHTLIFTING CLUB	W50, Open
			W60	77	79	61	MARTIN, Kimberley	130	NewFound Weightlifting	W60, Open
			Open	77	18	21	RIVERA, Isabella	170	PHILADELPHIA BARBELL	Open
					7	22	KRAGNESS, isabella	145	Just Commit Performance	Open
					112	24	YOUSSIF, Yassmina	128	CHFP WEIGHTLIFTING CLUB	Open
					99	23	GABBARD, Jacey	115		Open
				86	106	32	MEMENZA, Rachel	140	Unrivaled Iron Gym Weightlifting	Open

6	Sun Sep 20 Weigh In 7:00 AM Start 9:00 AM	M	JR	95	9	19	MILLER, Jaxon	176	EAST COAST GOLD W/L TEAM	JR, Open
			M35	95	37	35	ELAM II, Onzy	300	PHILADELPHIA BARBELL	M35, Open
					46	38	COMBS, Ronald	270		M35, Open
					8	36	WRIGHT, Keith	250		M35, Open
			M45	95	47	46	ROBERTS, Neil	215	TOUGH TEMPLE BARBELL CLUB	M45, Open
					45	46	DANIEL, Joe	202	RVA Weightlifting	M45, Open
					11	48	SUBITY, Jon	170	The 360 Strength Collective	M45, Open
			M50	95	108	52	MANZILI, Jelani	210	CHFP WEIGHTLIFTING CLUB	M50, Open
			Open	95	91	26	GOODMAN, Caleb	290	RVA Weightlifting	Open
					83	28	MILLER, Grant	235	CHFP WEIGHTLIFTING CLUB	Open
					100	27	ZWILLING, Ben	235	Samsara Weightlifting Club	Open
					95	31	WESTLEY, Alfred	230	DC WEIGHTLIFTING CLUB	Open
					21	27	PIDAPARTI, Ashvin	220		Open
					74	24	KIRSNER, Zachary	195	RVA Weightlifting	Open
7	Sun Sep 20 Weigh In 9:30 AM Start 11:30 AM	F	W35	86	69	37	CATON, Courtney	103	Mythic Strength	W35, Open
				86+	80	36	CARTER, Amber	115	DC WEIGHTLIFTING CLUB	W35, Open
			W40	86	119	42	BROWN, Eileen	110	Bexar Barbell	W40, Open
			W45	86	105	49	JACKSON-BECKHAM, J	109	RVA Weightlifting	W45, Open
			W55	86+	3	59	BERHOW, Jana	90	CHFP WEIGHTLIFTING CLUB	W55, Open
			W65	86	43	67	YOUNG, Doncella	87		W65, Open
			Open	86	56	22	LAWYER, Karan	125	RVA Weightlifting	Open
					26	34	FAUST, Erika	108	CHFP WEIGHTLIFTING CLUB	Open
					75	24	LARKIN, Isabella	80	RVA Weightlifting	Open
8	Sun Sep 20 Weigh In 11:15 AM Start 1:15 PM	F	W35	86	27	37	MERAZ, Cleonie	161	Built By Becker Weightlifting Club	W35, Open
				86+	12	36	ASTRALAGA, Lilliana	165	TEAM OMNIA	W35, Open
			W40	86	63	40	MANCUSO, Bonny	130		W40, Open
				86+	5	43	JORDAN, Christina	154	CHFP WEIGHTLIFTING CLUB	W40, Open
					90	41	ATHANASSIADOU, Katerina	125	DC WEIGHTLIFTING CLUB	W40, Open
			W45	86	118	45	MILLER, Jennifer	130	EAST COAST GOLD W/L TEAM	W45, Open
			Open	86	110	29	FLIERLER, Christina	150	McKenna Weightlifting	Open
					2	30	SWEANY, Amos (AG)	125	RVA Weightlifting	Open
				86+	116	32	EARLE, Kiara	208	CHFP WEIGHTLIFTING CLUB	Open
9	Sun Sep 20 Weigh In 1:00 PM Start 3:00 PM	M	M35	110	14	38	FROST, Erik	235	EAST COAST GOLD W/L TEAM	M35, Open
					70	35	BLANTON, James	200	RVA Weightlifting	M35, Open
			M45	110+	114	45	DAVIS, Brandon	250	McKenna Weightlifting	M45, Open
			M50	110	82	51	ALCHUS, Michael	180	Built By Becker Weightlifting Club	M50, Open
			M55	110	13	57	ROJEK, Kevin	195	BAM Weightlifting Club	M55, Open
					39	58	WILSON, John	150	TOUGH TEMPLE BARBELL CLUB	M55, Open
			Open	110	84	25	SOLIS RAMIREZ, Juan	232	Just Commit Performance	Open
					73	30	JONES, Ben	220	The Overheaders	Open
					55	28	DAVIS, Maxwell	215	RVA Weightlifting	Open
					72	31	REDMOND, Jp	198	RVA Weightlifting	Open
					117	23	MUELLER, Charlie	175		Open
					38	31	TODD, Jeffrey	175	DC WEIGHTLIFTING CLUB	Open
					59	32	BOBB, Aaron	145	RVA Weightlifting	Open
				110+	50	24	COHN, Logan	262		Open