

2025 DMV WSO Championships

Session	Date	Gndr	Group	Cat	Lot	Age	Name	Total	Team	Comps			
1	Sat Sep 20 Weigh In 6:00 AM Start 8:00 AM	F	U13	53	152	12	MILLER, Charlie	41		U13, Open			
				48	99	35	LIU, Tracy	80	Wellbuilt Strength	W35, Open			
			W35	58	137	36	PARSONS, Amelia	80	DC WEIGHTLIFTING CLUB	W35, Open			
				48	114	40	CALIZON, Vivy	70	Jerks That Jerk	W40, Open			
			W40	53	65	44	AGENA, Karen	119	CHFP WEIGHTLIFTING CLUB	W40, Open			
				58	90	48	KNOWLES, Amy	119	TOUGH TEMPLE BARBELL CLUB	W45, Open			
			W50	58	42	50	MACDERMOTT, Jara	124	CHFP WEIGHTLIFTING CLUB	W50, Open			
			W55	58	73	57	CURTIS BATES, Cyd	70	Wellbuilt Strength	W55, Open			
			W65	58	76	66	ORMSBEE, Luanne	45	12 Labours Barbell	W65, Open			
			Open	48	26	34	PRASHAW, Jessica	118	CHFP WEIGHTLIFTING CLUB	Open			
				58	10	33	HAYDEN, Maria	170	Renaissance Periodization	Open			
					133	31	CHANDONNET, Abbie	159		Open			
					43	24	KIPNIS, May	96	DC Barbell	Open			
					7	34	IQBAL, Noorulain	80	Built By Becker Weightlifting Club	Open			
2	Sat Sep 20 Weigh In 8:15 AM Start 10:15 AM	M	U17	71	35	17	LAPINSKI, Danny	190		JR, Open, U17			
				60	85	36	MORALES ORTIZ, Miguel	140		M35, Open			
			M35	71	18	38	VUONG, Vince	210	Star Baker Barbell	M35, Open			
					136	38	NGUYEN, Alan	205	Jerks That Jerk	M35, Open			
					82	36	CABILES, Cristopher	200	Jerks That Jerk	M35, Open			
					147	35	MOBERG, Garrett	185		M35, Open			
					71	123	41	SALAZAR, Rodrigo	190	Jerks That Jerk	M40, Open		
			M45	71	143	49	CASANOVA, Gregory	181	BAM Weightlifting Club	M45, Open			
			Open	60	79	27	KATIGBAK, Matthew	170		Open			
				65	19	33	CAMENARES, Christopher	240	PHILADELPHIA BARBELL	Open			
				2	33	DER, Andrew	200	Jerks That Jerk	Open				
				72	21	WRIGHT, Ethan	175	George Mason Olympic Weightlifting Team	Open				
			3	Sat Sep 20 Weigh In 10:15 AM Start 12:15 PM	F	U15	69+	158	14	MILLER, Juneau	70		U15, Open
							JR	63	74	18	BARNET, Alexandra	90	12 Labours Barbell
W35	63	106				37	JENNINGS, Sarah	110	BAM Weightlifting Club	W35, Open			
	69	52				38	GARAFFO, Kristen	105	TOUGH TEMPLE BARBELL CLUB	W35, Open			
W40	69	81				41	PAN, Tiffany	115	CHFP WEIGHTLIFTING CLUB	W40, Open			
		47				44	FUNAHASHI, Aya	88	Jerks That Jerk	W40, Open			
		140				41	RHETT, Janice	80	PR Barbell Performance	W40, Open			
W45	63	132				45	SHERROD, Kamber	100	DC WEIGHTLIFTING CLUB	W45, Open			
	69	63				48	BYRNE, Lorrie	88	Southside Barbell Club	W45, Open			
Open	63	145				42	MASANGCAY, Bernadette	95	Jerks That Jerk	W40, Open			
		39				32	HWANG, Jenny	85	TOUGH TEMPLE BARBELL CLUB	Open			
		31				33	BEIDEMAN, Victoria	108	Independent City Barbell	Open			
		56				31	ETIENNE, Fayola	105	DC Barbell	Open			
		154				32	O'CONNELL, Giavanna	105	12 Labours Barbell	Open			
4	Sat Sep 20 Weigh In 12:30 PM Start 2:30 PM	F	W35	63	55	37	GODFREY, Laura	140	CHFP WEIGHTLIFTING CLUB	W35, Open			
				12	39		WEDDLE, Catherine	130	12 Labours Barbell	W35, Open			
			W40	69	78	40	ROSALES, Angelica	145	RVA Weightlifting	W40, Open			
				24	40		LIU, Sara	118	Echo Weightlifting	W40, Open			
			Open	63	94	31	DEROSE, Carlyne	150		Open			
					29	32	KHAYKIN, Emily	145	CHFP WEIGHTLIFTING CLUB	Open			
					46	29	HOWERTON, Marie	135	BASA Weightlifting	Open			
					131	27	WINKLER, Abby	130	DC Barbell	Open			
					153	29	CREEL, Chereese	175	HEAVY METAL BARBELL	Open			
			Open	69	103	29	SCHMIDT-MCCARTHY, Jayda	157	BAM Weightlifting Club	Open			
					111	34	WALL, Brittlan	145	CHFP WEIGHTLIFTING CLUB	Open			
					67	23	YOUSSIF, Yassmina	125	George Mason Olympic Weightlifting Team	Open			
					45	32	FRYE, Kristin	123	RVA Weightlifting	Open			
					48	29	LESLIE, Hunter	120	Southside Barbell Club	Open			
5	Sat Sep 20 Weigh In 2:45 PM Start 4:45 PM	M	JR	79	109	20	NAIR, Keshav	200	George Mason Olympic Weightlifting Team	JR, Open			
					161	19	UNDERWOOD JR, Damon	200		JR, Open			
					139	19	HAMMOND, Ryan	160	George Mason Olympic Weightlifting Team	JR, Open			
			M35	79	57	39	WILKINS, Justin	185		M35, Open			
					98	36	PEYSER, JEFFREY	165	RVA Weightlifting	M35, Open			
					41	35	BOMMAGANTI, Bharath	140	CHFP WEIGHTLIFTING CLUB	M35, Open			
			M40	79	27	42	KENNEDY, Stephen	166	RVA Weightlifting	M40, Open			
			M45	79	38	48	MACARAEG, Fred	210	12 Labours Barbell	M45, Open			
			M65	79	17	65	OBICI, Scott	165	12 Labours Barbell	M65, Open			
			Open	79	49	31	KIM, Tae	260		Open			
					113	25	TIEU, Benjamin	250	Renaissance Periodization	Open			
					59	34	NEPOMUCENO, Matt	240	BAM Weightlifting Club	Open			
					148	23	CHRISTIAN, Ethan Ray	220		Open			
					51	22	BLUNTZER, Garrett	196	Renaissance Periodization	Open			
60	22	BELTRAN-GONZALEZ, Bryan			135	George Mason Olympic Weightlifting Team	Open						

6	Sun Sep 21	Weigh In 6:00 AM	M	M35	88	80	36	TOLENTINO, Eric	220	TOUGH TEMPLE BARBELL CLUB	M35, Open	
						97	38	CHART, Seth	200	BASA Weightlifting	M35, Open	
				M40	88	25	41	YU, wai	195	Mach10 Weightlifting Club	M40, Open	
						9	44	MCGRATH, James	190	Independent City Barbell	M40, Open	
				M55	88	23	58	GOLDBERG, David	135	TOUGH TEMPLE BARBELL CLUB	M55, Open	
				Open	88	128	25	BENSON, Matthew	245	CHFP WEIGHTLIFTING CLUB	Open	
						149	27	WHITFIELD, Tyree	245		Open	
						142	23	CURA, Nestor	215	Independent City Barbell	Open	
						53	26	PIDAPARTI, Ashvin	210		Open	
						92	29	WRIGHT, Austin	200	CHFP WEIGHTLIFTING CLUB	Open	
1	24	ACCAD, AJ	160				Open					
30	29	WAIYACHAI, Chalantorn	148			DC Barbell	Open					
7	Sun Sep 21	Weigh In 8:00 AM	F	W35	86	126	39	CASTELLANOS, Peggy	65	Independent City Barbell	W35, Open	
						86+	116	35	CARTER, Amber	100	DC WEIGHTLIFTING CLUB	W35, Open
				W40	77	28	40	MYERS, Heather	110	BAM Weightlifting Club	W40, Open	
						101	40	ZIGMUND, Tricia	105	DC Barbell	W40, Open	
						100	40	GEMPELER, Johanna	85	DC WEIGHTLIFTING CLUB	W40, Open	
					86	5	42	CHANGWAILING, Carla	115	DC Barbell	W40, Open	
						155	41	BROWN, Eileen	115	Bexar Barbell	W40, Open	
						86+	75	40	ARCHER, Kristal	103	CHFP WEIGHTLIFTING CLUB	W40, Open
				W45	77	54	48	JACKSON-BECKHAM, J	100	RVA Weightlifting	W45, Open	
				W55	86	156	58	KRAISSER, Patti	101		W55, Open	
						86+	87	58	BERHOW, Jana	92	CHFP WEIGHTLIFTING CLUB	W55, Open
				W60	86	144	64	BINZER, Margaret	98	CHFP WEIGHTLIFTING CLUB	W60, Open	
				W65	86	15	66	YOUNG, Doncella	82	CHFP WEIGHTLIFTING CLUB	W65, Open	
				W70	77	146	71	KING, Karen	70	Southside Barbell Club	W70, Open	
				Open	77	22	26	GIVELBER, Mia	100	DC WEIGHTLIFTING CLUB	Open	
						62	23	LARKIN, Isabella	100	RVA Weightlifting	Open	
						86	21	33	FAUST, Erika	93	CHFP WEIGHTLIFTING CLUB	Open
8	Sun Sep 21	Weigh In 10:45 AM	M	U17	94	44	16	DANNEMILLER, Deo	165	CHFP WEIGHTLIFTING CLUB	JR, Open, U17	
						94+	66	17	KORCHNAK, Joe	215	CHFP WEIGHTLIFTING CLUB	JR, Open, U17
				JR	94	150	18	MILLER, Jaxon	165		JR, Open	
				M35	94	102	37	COMBS, Ronald	270		M35, Open	
						91	39	WOOTEN, Jamar	195	CHFP WEIGHTLIFTING CLUB	M35, Open	
				M50	94	61	51	MANZILI, Jelani	160		M50, Open	
				Open	94	104	42	MOORE, Julian	260	TOUGH TEMPLE BARBELL CLUB	M40, Open	
						14	26	ZWILLING, Ben	220	Renaissance Periodization	Open	
						89	30	WESTLEY, Alfred	220	DC WEIGHTLIFTING CLUB	Open	
						119	23	KIRSNER, Zachary	193	RVA Weightlifting	Open	
9	Sun Sep 21	Weigh In 12:45 PM	M	JR	110+	71	20	SHELAH, Vincent	250	Southside Barbell Club	JR, Open	
						151	18	TYLER, Connor	176	Southside Barbell Club	JR, Open	
				M35	110+	120	35	ARCONA, Joshua	260	12 Labours Barbell	M35, Open	
						124	37	PICONE, Taylor	154	CHFP WEIGHTLIFTING CLUB	M35, Open	
				M40	110	125	42	FRANCIS, Adrian	260	Wellbuilt Strength	M40, Open	
				M55	110	83	57	WILSON, John	157	TOUGH TEMPLE BARBELL CLUB	M55, Open	
				Open	110	141	30	ÁLVAREZ ORTEGA, Andrés Felipe	300	DC Barbell	Open	
						138	24	BAPTIST, James	275		Open	
						129	24	NEWTON, Ryan	250	DSP Barbell Club	Open	
						3	32	EVANS JR, Steven	245	CHFP WEIGHTLIFTING CLUB	Open	
						134	33	WEBER, Matthew	240	BASA Weightlifting	Open	
						93	34	HERBERT, Jacob	330		Open	
					110+	4	32	FIGUEROA, Alexis	270	DC Barbell	Open	
						122	24	THOMAS, Andrew	250	George Mason Olympic Weightlifting Team	Open	
10	Sun Sep 21	Weigh In 3:00 PM	F	W35	77	86	35	WAGNER, Kelly	140		W35, Open	
						110	36	WEAVER, Megan	133	BAM Weightlifting Club	W35, Open	
						160	36	WHITE, LeKiesha	180	RVA Weightlifting	W35, Open	
						157	36	MERAZ, Cleonie	142	Built By Becker Weightlifting Club	W35, Open	
						13	36	ALEXANDER, Emili	124	Built By Becker Weightlifting Club	W35, Open	
				W40	86+	77	127	40	CLARK, Tereka	160	12 Labours Barbell	W40, Open
						86	70	41	BAGBY, Lisa	150	CHFP WEIGHTLIFTING CLUB	W40, Open
						86+	6	40	ATHANASSIADOU, Katerina	129	DC WEIGHTLIFTING CLUB	W40, Open
				W45	86+	107	48	WELLS, Kelli	125	CHFP WEIGHTLIFTING CLUB	W45, Open	
				W50	77	32	50	MONTGOMERY, Gwendolyn	120	CHFP WEIGHTLIFTING CLUB	W50, Open	
				Open	77	88	28	FRIES, Victoria	190	Renaissance Periodization	Open	
						84	31	TRAYER, Donisha	190		Open	
						86	37	34	ORMEROD, Katherine	120	CHFP WEIGHTLIFTING CLUB	Open
					86+	34	31	EARLE, Kiara	180	CHFP WEIGHTLIFTING CLUB	Open	
						96	34	NEAL, Ashley	171	CHFP WEIGHTLIFTING CLUB	Open	